



## Anime Momma's Online Safety Checklist For Kids & Teens

- I remember that online friends are different from real-life friends.
- **I don't have to share** my real name, age, school, address, photos, or location — and I **shouldn't share them** either.
- I know fandoms can be fun and help me feel less alone — but I also know I need to be careful.
- If something online feels weird, scary, or uncomfortable, I will tell a trusted adult.
- It's okay to love anime — and it's also okay (and healthy!) to take breaks.
- I try to be kind online and protect myself at the same time.

© The Anime Momma Blog · Loving Anime Without Losing Yourself Series · School & family friendly